

ANALYTICAL METHOD, DEVELOPMENT AND VALIDATION FOR EVALUATING REPAGLINIDE EFFICACY IN TYPE II DIABETES MELLITUS MANAGEMENT: A PHARMACEUTICAL PERSPECTIVE

Namrata Mishra ¹, M. Alagusundaram ², Dr. Anuja Sinha ³,
Aditya Vikram Jain ⁴, Hasti. Kenia ⁵,
Suraj Mandal ⁶ and Dr. Mukta Sharma ^{7*}

^{1,2} Department of Pharmaceutics, School of Pharmacy, ITM University, Turari, Gwalior, (M.P).

³ Associate Professor, Department of Anatomy, Manipal Tata Medical College, Jamshedpur.

⁴ Assistant Professor, College of Pharmacy, Teerthanker Mahaveer University,
Delhi Road, Moradabad.

⁵ Assistant Professor, BLDEA'S Shri Sanganabasava
Mahaswamiji College of Pharmacy and Research Centre, Vijayapura.

⁶ Assistant Professor, Department of Pharmacy, IIMT College of Medical Sciences,
IIMT University, O-Pocket, Ganganagar, Meerut, U.P., India.

⁷ Professor, IIMT University, Meerut. (*Corresponding Author)

DOI: [10.5281/zenodo.10642768](https://doi.org/10.5281/zenodo.10642768)

Abstract

An anti-diabetic drug called Repaglinide is used to treat type II diabetes. Repaglinide, a lipophilic medication with a short (1 h) half-life and little solubility in water is classified as a class II biopharmaceutical chemical (BCS) chemical. Only around 55% of drugs with a high metabolism in the first pass are bioavailable orally. Repaglinide's half-life is one hour, and because of first-pass metabolism, it is 56% bioavailable in the body. Repaglinide requires frequent dosage because its total daily dose is 16 mg (e.g., 4 mg four times day depending on meal patterns). Repaglinide transdermal patches were created to maintain medication release, enhance drug bioavailability, and increase patient compliance. Transdermal patch of Repaglinide was prepared to sustain the release and improve bioavailability of drug and patient compliance. Different formulations were prepared by varying the grades of HPMC and concentration of PVP K30 by solvent casting method. The prepared formulations were evaluated for various parameters like thickness, tensile strength, folding endurance, % elongation, % moisture content, % moisture uptake, % drug content, in vitro drug release, in vitro permeation, and drug excipient compatibility.

Keywords: Repaglinide, Type II Diabetes, UV spectroscopy, FTIR.

INTRODUCTION

The largest and easiest to access organ of the body, the skin offers a potential route for medication delivery for systemic effects. Skin is divided into four layers, with the stratum corneum at the top serving as the most effective barrier against drug penetration and regulating the transdermal bioavailability of medications. To overcome the skin's natural barrier and deliver medication molecules with specific physicochemical properties to the systemic circulation, special transporters are therefore required. Transcutaneous administration of medications and vaccines is a practical substitute for oral and parenteral modes of administration. Hepatocytes can help prevent "first-pass" deactivation, lessen the risk of digestive discomfort, provide constant medication absorption over extended periods of time, and reduce dosing density, all of which improve adherence. The transcutaneous route has grown in popularity since ancient times because to its large external area and effects that facilitate drug administration. The most effective technique to arrange the drug administration is to avoid the skin because it is the most effective drug passage obstruction. It entails picking a method to deliver the dosage to the skin's surface. The

immersion of particles along the skin and circulation outside of the lungs is known as percutaneous absorption. Different drug delivery techniques have been developed for use on the skin. Drugs are primarily administered through the skin during cutaneous pharmacotherapy to produce local effects at the site of administration.

Repaglinide is a fast-acting, short-acting medication that works similarly to meglitinide but lasts an hour less, has a 50% lower bioavailability, and absorbs less well in the upper GI tract. As a result, it needs to be taken three to four times daily. All of these appearances make repaglinide a suitable candidate for the development of a gastro-retentive dosage form. The gastro-retentive mechanisms, which can fail in the gastric region for several hours, essentially cover the residence durations of drugs in the stomach. Long-term stomach retention improves bioavailability, reduces drug waste, and makes drugs that are hard to dissolve in an acidic environment more soluble. Another assertion made by such shippers is that local medication dispersion occurs into the stomach and proximal small intestine. Repaglinide reduces blood glucose absorption by promoting the release of insulin from beta cells in pancreatic islet tissue. This is stopped by a specific ion channel mechanism. Repaglinide blocks potassium efflux and adenosine triphosphate (ATP) potassium channels in the beta cell membrane. Depolarization and calcium influx are what cause insulin release. An antihyperglycemic drug for type II diabetes is repaglinide. In order to make repaglinide more soluble, an attempt was made to do so when making the transferosome.

MATERIALS AND METHODS

Materials Used - The repaglinide medicine was a gift sample from Medley Lab in Mumbai.

Instruments

The spectrophotometric measurements were performed using a laser-shot LBP-1210 Canon printer, an Intext LCD computer running Shimadzu UV PC software version 2.3, and a Shimadzu 1700 double-beam UV Visible spectrophotometer with a fixed slit width of 1 nm.

UV estimation For Repaglinide

Preparation of standard stock solution:

Repaglinide (1 mg) was precisely weighed and then transferred to a 1 ml volumetric flask. It was dissolved in methanol solvent, the volume was adjusted, and it was sonicated for five minutes. The drug's concentration in the resultant solutions is 1 mg/ml. The sample stock solution was further diluted using a solvent ratio to produce a sub-stock with a $\mu\text{g/ml}$ range of 5 to 30. The blank solution in this case was methanol. After that, the solutions were scanned in a UV spectrophotometer between 400 and 200 nm.

Determination of wavelength of maximum absorption (λ_{max})

During the procedure firstly the blank solvent was run in the UV-Vis (Shimadzu, 1700) for baseline correction and scanning range was 200 to 800 (UV-Vis) nm to fix the maximum wave length. And later the dilution of the mid concentration was scanned and absorbance and wavelength were noted by UV spectrum.

1. Validation of the method

To develop a novel, convenient, economical, and cost-effective technique for the spectroscopic determination of Repaglinide, validation was carried out. The method's development and validation followed the analytical procedure in accordance with the ICH guidelines for the validation of analytical procedures in order to assess the analyte's ruggedness, robustness, linearity, accuracy, and precision.

a. Specificity

Specificity of the method was determined by the spectrum of isolated compound Repaglinide

b. Linearity

An analytical method, linearity is its ability to produce test results that are proportional to the concentration of the analytes within a given range in samples. The linearity of measurement was evaluated by analyzing different concentration of the solution of isolated compound Repaglinide. Calibration curves were built and the suggested technique was assessed in the respective statistical study by its correlation coefficient and intercept value calculated. For both the method, the Beer Lambert's concentration range was found to be 10-60 µg/ml.

c. Ruggedness study

The ruggedness of the method was determined by carrying out the analysis using two different concentrations and the respective absorbance was noted. Ruggedness of the methods was assessed by carrying out assay 3 reading with different analyst by using same equipment.

d. Robustness study

To determine the robustness, the same procedure was carried out by changing the temperature and the result was compared with the same previous procedure.

e. Precision

An analytical procedure's accuracy reflects the proximity of agreement (degree of scattering) between sequences of measurements acquired under the prescribed circumstances from the various sampling of the same homogeneous sample. Precision can be taken into account at three levels: repeatability, intermediate (intraday) precision and reproducibility (interday precision).

- **Intraday Precision:** Solutions containing 15 µg/ml of Repaglinide were analyzed three times on the same day and %R.S.D was calculated.
- **Interday Precision:** Solutions containing 15 µg/ml of Repaglinide were analyzed on three different successive days and %R.S.D was calculated.
- **Repeatability:** Method precision of the experiment was performed by preparing the standard solution of Repaglinide (15 µg/ml) for three times and analyzed as per the proposed method.

Fourier transmission Infra-Red Spectroscopy

FT-IR spectrum of Drug and excipient combination was recorded over the range of 4000 to 400 cm⁻¹ by KBr pellet method using a FT-IR spectrophotometer. The KBr disc was prepared using 1 mg of each drug and drug + polymers in 100 mg of

spectroscopic grade KBr which has been dried using IR lamp. Both KBr and drug was mixed and subjected to hydraulic pressure to form disc. This disc was placed in FT-IR chamber. Infrared spectrum was recorded in the 4000 - 400 cm⁻¹ region.

RESULT AND DISCUSSION

UV- visible spectrophotometer (1700- Shimadzu) is used to determine the lambda max (absorption maxima) of a substance. The lambda max of the Repaglinide was found to be 293.0 nm. This was well within the limits of the drug specification. The difference in the wavelength was admissible because it was permissible ± 5 range.

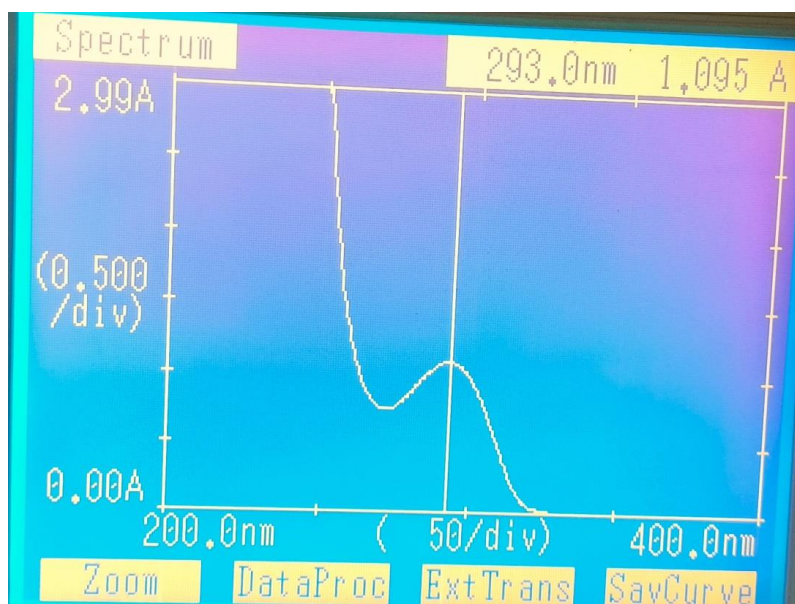


Figure 1: Lambda max of Repaglinide

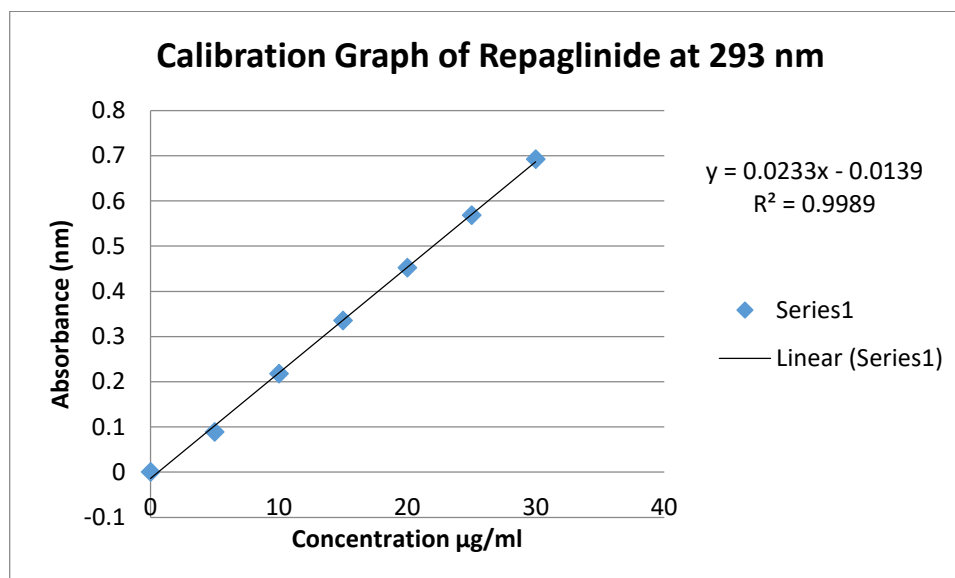


Figure 2: Calibration curve of Repaglinide

The linearity of the proposed method was established by least squares linear regression analysis of the calibration curve. The regression equation of **Repaglinide** was obtained by plotting absorbance versus concentration of **Repaglinide** in the range of 5-30 $\mu\text{g/mL}$. Six points calibration curve were obtained in a concentration range

from 5-30 µg/mL for drug. The response of the drug was found to be linear in the investigation concentration range and the linear regression equation was $y = 0.023x - 0.013$ with correlation coefficient $R^2 = 0.998$.

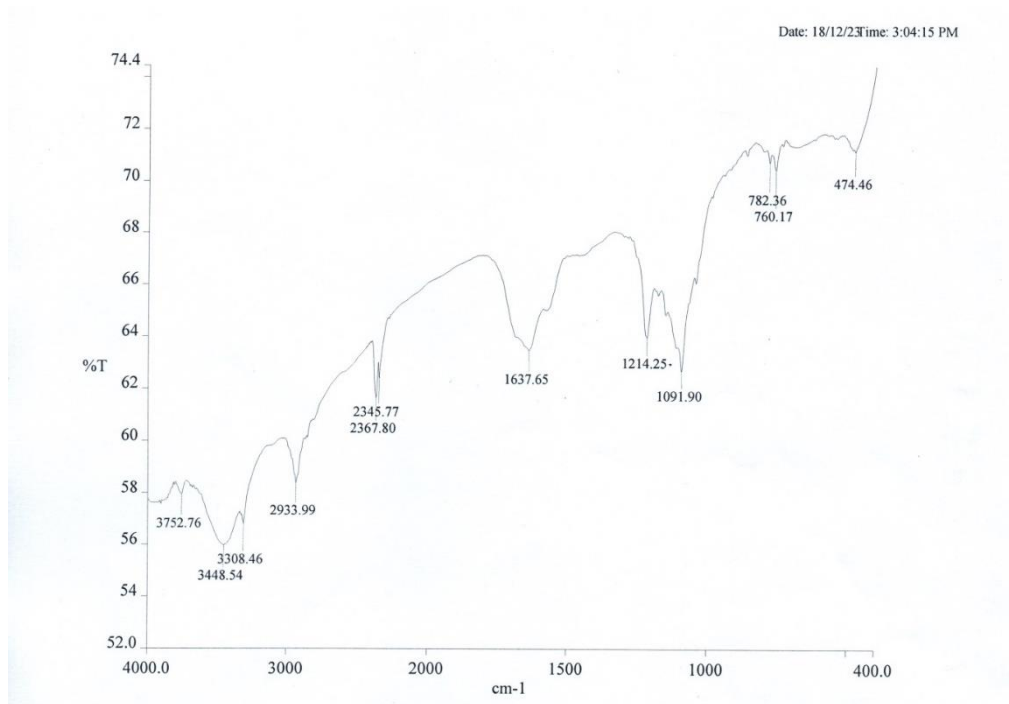


Figure 3: FTIR graph of Repaglinide

FTIR of the drug the analytical procedure is followed in doing FTIR tests. FTIR is used to examine the compatibility of medicinal excipients. Figure 1 shows the Repaglinide analysis of FITR.

Differential Scanning Calorimetric Studies: repaglinide melting point was found using DSC. The melting point of repaglinide is confirmed by a strong endotherm at 126 to 128 °C in the DSC thermogram

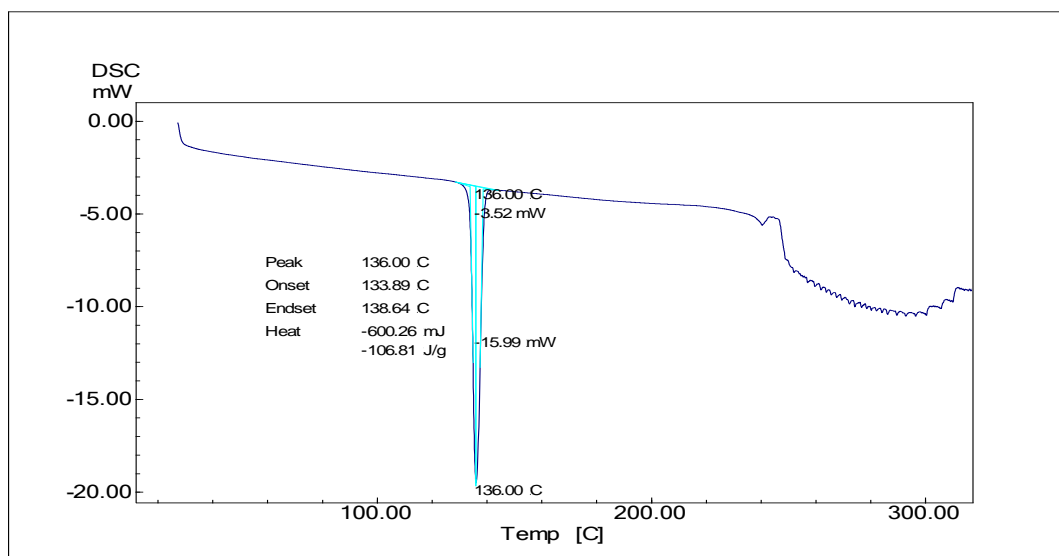


Figure 4: DSC thermogram of Repaglinide

Powder X-ray Diffraction Studies

Using P-XRD (Bruker, Germany), the crystallinity of the processed and unprocessed Rp samples was examined. All of the samples were placed into silicon wells before being scanned at a rate of 102T/min at a wavelength of 1.542 over the range of 5-500 at 2 θ .

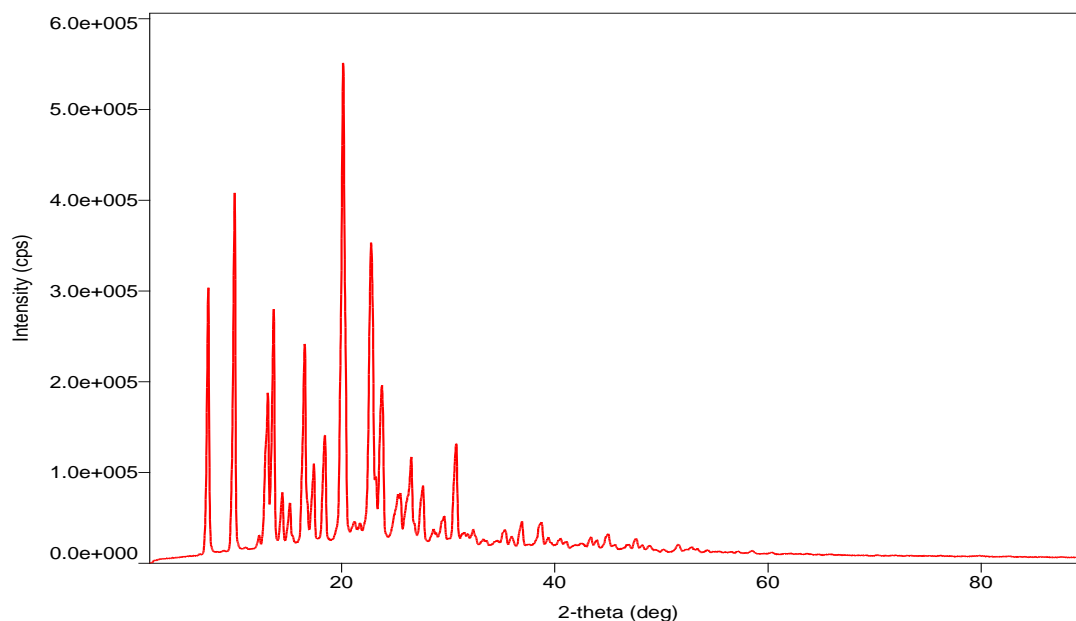


Figure 5: X-ray Diffraction Studies of Repaglinide

SUMMARY AND CONCLUSION

The present study was for Type II Diabetes mellitus. Repaglinide of poorly water-soluble drug, Repaglinide, having low bioavailability. The objective was to increase the dissolution of drugs and to improve patient compliance.

The formulation of Repaglinide with a smaller particle size can be effectively produced by the thin film hydration method. The current investigation focused on Type II Diabetes Mellitus. Repaglinide has a low bioavailability and is not very water-soluble.

The goal was to improve patient compliance and increase drug dissolution. The formulation of Repaglinide with a reduced particle size can be successfully created using the thin film hydration process. The FTIR analysis used in this study reveals the presence of a potent Repaglinide peak.

Repaglinide's maximum dose has been established to be 242. A DSC A strong endotherm at 126 to 128 °C and an X-RD scan at 102 T/min at a wavelength of 1.542 over the range of 5-500 at 2 θ are used to confirm the melting temperature of repaglinide.

References

- 1) K. G. M. M. Alberti and P. Z. Zimmet, "Definition, diagnosis and classification of diabetes mellitus and its complications. Part 1: diagnosis and classification of diabetes mellitus. Provisional report of a WHO Consultation," *Diabetic Medicine*, vol. 15, no. 7.
- 2) WHO Expert Committee on Diabetes Mellitus, "Second report," Technical Report Series 646, WHO, Geneva, Switzerland.
- 3) American Diabetes Association, "Economic consequences of diabetes mellitus in the U.S. in 1997," *Diabetes Care*, vol. 21, no. 2.
- 4) T. Abhinov, A. S. A. Khan, Ashrafa, S. Parveen, and K. P. Samapth Kumar, "Diabetes epidemic in India: risk factors, symptoms and treatment," *Indian Journal of Research in Pharmacy and Biotechnology*, vol. 1, no. 2.
- 5) National Diabetes Data Group, "Classification and diagnosis of diabetes mellitus and other categories of glucose intolerance," *Diabetes*, vol. 28, no. 12.
- 6) D. W. Cooke and L. Plotnick, "Type 1 diabetes mellitus in pediatrics," *Pediatrics in Review*, vol. 29, no. 11.
- 7) R. H. Müller, S. Runge, V. Ravelli, W. Mehnert, A. F. Thüne-mann, and E. B. Souto, "Oral bioavailability of cyclosporine: solid lipid nanoparticles (SLN) versus drug nanocrystals," *International Journal of Pharmaceutics*, vol. 317, no. 1.
- 8) E. Merisko-Liversidge, G. G. Liversidge, and E. R. Cooper, "Nanosizing: a formulation approach for poorly-water-soluble compounds," *European Journal of Pharmaceutical Sciences*, vol. 18, no. 2, pp. 113–120, 2003.
- 9) G. Shinde, K. S. Rajesh, B. Devang, G. Bangale, D. Umalkar, and G. Virag, "Current status of colloidal system (nano range)," *International Journal of Drug Formulation and Research*, vol. 2, no. 6, pp. 39–54, 2011.
- 10) J. Salazar, A. Ghanem, R. H. Müller, and J. P. Möschwitzer, "Nanocrystals: comparison of the size reduction effectiveness of a novel combinative method with conventional top-down approaches," *European Journal of Pharmaceutics and Biopharmaceutics*, vol. 81, no. 1, pp. 82–90, 2012.
- 11) W. Sun, W. Tian, Y. Zhang, J. He, S. Mao, and L. Fang, "Effect of novel stabilizers—cationic polymers on the particle size and physical stability of poorly soluble drug nanocrystals," *Nanomedicine: Nanotechnology, Biology, and Medicine*, vol. 8, no. 4, pp. 460–467, 2012.
- 12) J.-U. A. H. Junghanns and R. H. Müller, "Nanocrystal technology, drug delivery and clinical applications," *International Journal of Nanomedicine*, vol. 3, no. 3, pp. 295–309, 2008.
- 13) E. Che, X. Zheng, C. Sun, D. Chang, T. Jiang, and S. Wang, "Drug nanocrystals: a state of the art formulation strategy for preparing the poorly water-soluble drugs," *Asian Journal of Pharmaceutical Sciences*, vol. 7, no. 2, pp. 85–95, 2012.
- 14) H. Banavath, K. S. Raju, M. T. Ansari, M. S. Ali, and G. Pattnaik, "Nanosuspension: an attempt to enhance bioavailability of poorly soluble drugs," *International Journal of Pharmaceutical Sciences and Research*, vol. 1, no. 9, pp. 1–11, 2010.
- 15) R. H. Müller and K. Peters, "Nanosuspensions for the formulation of poorly soluble drugs. I. Preparation by a size-reduction technique," *International Journal of Pharmaceutics*, vol. 160, no. 2, pp. 229–237, 1998.
- 16) S. Katteboinaa, "Drug nanocrystals: a novel formulation approach for poorly soluble drugs," *International Journal of PharmTech Research*, vol. 1, no. 3, pp. 682–694, 2009.
- 17) B. K. Nanjwade, G. K. Derkar, H. Bechra, and F. V. Manvi, "Nanosized technological approaches for the delivery of poorly water soluble drugs," *Iranian Journal of Pharmaceutical Sciences*, vol. 6, no. 3, pp. 149–162, 2010.
- 18) J.-Y. Choi, J. Y. Yoo, H.-S. Kwak, B. U. Nam, and J. Lee, "Role of polymeric stabilizers for drug nanocrystal dispersions," *Current Applied Physics*, vol. 5, no. 5, pp. 472–474, 2005.

- 19) Q. Fu, L. Kou, C. Gong et al., "Relationship between dissolution and bioavailability for nimodipine colloidal dispersions: the critical size in improving bioavailability," *International Journal of Pharmaceutics*, vol. 427, no. 2, pp. 358–364, 2012.
- 20) J. Hecq, M. Deleers, D. Fanara, H. Vranckx, and K. Amighi, "Preparation and characterization of nanocrystals for solubility and dissolution rate enhancement of nifedipine," *International Journal of Pharmaceutics*, vol. 299, no. 1-2, pp. 167–177, 2005.
- 21) R. Mauludin, R. H. Müller, and C. M. Keck, "Kinetic solubility and dissolution velocity of rutin nanocrystals," *European Journal of Pharmaceutical Sciences*, vol. 36, no. 4-5, pp. 502–510, 2009.
- 22) P. Quan, K. Shi, H. Piao, N. Liang, D. Xia, and F. Cui, "A novel surface modified nitrendipine nanocrystals with enhancement of bioavailability and stability," *International Journal of Pharmaceutics*, vol. 430, no. 1-2, pp. 366–371, 2012.
- 23) D. K. Krishna and H. P. Rajesh, "Dissolution enhancement of albendazole through nanocrystal formulation," *Journal of Pharmacy and Bioallied Sciences*, vol. 4, no. 5, pp. 62–63, 2012.
- 24) F. Lai, E. Pini, G. Angioni et al., "Nanocrystals as tool to improve piroxicam dissolution rate in novel orally disintegrating tablets," *European Journal of Pharmaceutics and Biopharmaceutics*, vol. 79, no. 3, pp. 552–558, 2011.
- 25) R. Mauludin, R. H. Müller, and C. M. Keck, "Development of an oral rutin nanocrystal formulation," *International Journal of Pharmaceutics*, vol. 370, no. 1-2, pp. 202–209, 2009.
- 26) G. Venkateshwarlu, 2Shailendra Singh Narwariya, 3Tirthankar Choudhury, 4Fatima Sultana, 5R Nazemoon, 6Namrata Mishra, 7Dr.Radha Sharma "Herbal Formulation For Wound Healing Activity With Indian Medicinal Plants" *Latin American Journal of Pharmacy Lat. Am. J. Pharm.* 42 (2): (2023)
- 27) Mandal S, Vishvakarma P. Nanoemulgel: A Smarter Topical Lipidic Emulsion-based Nanocarrier. *Indian J of Pharmaceutical Education and Research*. 2023;57(3s):s481-s498.
- 28) Mandal S, Jaiswal DV, Shiva K. A review on marketed Carica papaya leaf extract (CPLE) supplements for the treatment of dengue fever with thrombocytopenia and its drawback. *International Journal of Pharmaceutical Research*. 2020 Jul;12(3).
- 29) Mandal S, Bhumika K, Kumar M, Hak J, Vishvakarma P, Sharma UK. A Novel Approach on Micro Sponges Drug Delivery System: Method of Preparations, Application, and its Future Prospective. *Indian J of Pharmaceutical Education and Research*. 2024;58(1):45-63.
- 30) Pal N, Mandal S, Shiva K, Kumar B. Pharmacognostical, Phytochemical and Pharmacological Evaluation of Mallotus philippensis. *Journal of Drug Delivery and Therapeutics*. 2022 Sep 20;12(5):175-81.
- 31) Singh A, Mandal S. Ajwain (*Trachyspermum ammi* Linn): A review on Tremendous Herbal Plant with Various Pharmacological Activity. *International Journal of Recent Advances in Multidisciplinary Topics*. 2021 Jun 9;2(6):36-8.
- 32) Mandal S, Jaiswal V, Sagar MK, Kumar S. Formulation and evaluation of carica papaya nanoemulsion for treatment of dengue and thrombocytopenia. *Plant Arch*. 2021;21:1345-54.
- 33) Mandal S, Shiva K, Kumar KP, Goel S, Patel RK, Sharma S, Chaudhary R, Bhati A, Pal N, Dixit AK. Ocular drug delivery system (ODDS): Exploration the challenges and approaches to improve ODDS. *Journal of Pharmaceutical and Biological Sciences*. 2021 Jul 1;9(2):88-94.
- 34) Shiva K, Mandal S, Kumar S. Formulation and evaluation of topical antifungal gel of fluconazole using aloe vera gel. *Int J Sci Res Develop*. 2021;1:187-93.
- 35) Ali S, Farooqui NA, Ahmad S, Salman M, Mandal S. *Catharanthus roseus* (sadabahar): a brief study on medicinal plant having different pharmacological activities. *Plant Archives*. 2021;21(2):556-9.
- 36) Mandal S, Vishvakarma P, Verma M, Alam MS, Agrawal A, Mishra A. *Solanum Nigrum* Linn: An Analysis Of The Medicinal Properties Of The Plant. *Journal of Pharmaceutical Negative Results*. 2023 Jan 1:1595-600.

- 37) Vishvakarma P, Mandal S, Pandey J, Bhatt AK, Banerjee VB, Gupta JK. An Analysis Of The Most Recent Trends In Flavoring Herbal Medicines In Today's Market. *Journal of Pharmaceutical Negative Results*. 2022 Dec 31:9189-98.
- 38) Mandal S, Vishvakarma P, Mandal S. Future Aspects And Applications Of Nanoemulgel Formulation For Topical Lipophilic Drug Delivery. *European Journal of Molecular & Clinical Medicine*.;10(01):2023.
- 39) Chawla A, Mandal S, Vishvakarma P, Nile NP, Lokhande VN, Kakad VK, Chawla A. Ultra-Performance Liquid Chromatography (Uplc).
- 40) Mandal S, Raju D, Namdeo P, Patel A, Bhatt AK, Gupta JK, Haneef M, Vishvakarma P, Sharma UK. Development, characterization, and evaluation of rosa alba l extract-loaded phytosomes.
- 41) Mandal S, Goel S, Saxena M, Gupta P, Kumari J, Kumar P, Kumar M, Kumar R, Shiva K. Screening of catharanthus roseus stem extract for anti-ulcer potential in wistar rat.
- 42) Shiva K, Kaushik A, Irshad M, Sharma G, Mandal S. Evaluation and preparation: herbal gel containing thuja occidentalis and curcuma longa extracts.
- 43) Vishvakarma P, Kumari R, Vanmathi SM, Korn RD, Bhattacharya V, Jesudasan RE, Mandal S. Oral Delivery of Peptide and Protein Therapeutics: Challenges And Strategies. *Journal of Experimental Zoology India*. 2023 Jul 1;26(2).